

## MONDAY • SEPTEMBER 5 • 2016

The paddling distance for the Alii Challenge is approximately 17 miles, split into two triangle courses of 8.5 miles each. First lap, the first mix crew (3 women, 3 men) will start at a line just off the Kailua-Kona pier. The course will run north, the first turn will be at a buoy just outside the Honokohau Harbor. Then the course will double back on itself and the second turn will be at a buoy approximately 1/2 mile south of the Kailua-Kona pier. The third turn will be right about where the finish line is for Saturday's men's race, for a short approach to a lane marked by buoys off the pier where the crew change for the first mix crew and second mix crew will take place. This is a water change, **basic swimming ability is required** but the ability to swim fast will not be a determining factor in the race. The second lap will be the second mix crew repeating the triangle course.

At the conclusion of the second mix crew's paddling triangle course, a time split will taken. Your crew has 20 minutes off the clock to put the canoe back on land, resupply at your trash can\* and prepare for the land course. The land course includes clues and tasks, which incorporate historic and cultural aspects of the immediate area of Kailua-Kona and Kamakahonu. Your crew of 12 paddlers will have to take on the land course as one, covering approximately 3/4 mile on foot to accomplish 5 tasks. **Running is not allowed** so moving your entire crew cooperatively will be the key.

We will record, each crew's paddling time split, but **overall** Open and 50+ crew winners will be awarded to top finishers (1st – 3rd place) for the entire paddling/land course.

**Every crew participating must have a flag to represent themselves. This can be a flag from your canoe club, your state or your country. The flag should be approximately 24" in length and be waterproof. If you don't have this flag ready at the start of the race, your crew will be delayed to make this flag before being allowed to start.**

### You will also need:

**4 quick straps** (available for purchase in our Logo Shop Sept. 3 -6)

**A small amount of duct tape**

**2 bailers**

Canoes that are being loaned by Kai Opua will be assigned Monday morning at the race meeting.

\*Each crew will have a large rubber trash can at a secure staging area on the pier. This will be where you can stow your slippers, paddles, hydration packs, etc. during the race. **Note: each crew is responsible for providing all of their own hydration before and during the race.** The trash can is where you may want to stow some additional hydration to pick up when you head out on the land course. How you strategize to do this is up to you. Without knowing all that will be expected, keep an open mind and try to be prepared for anything.

Most importantly, be assured this will be a very fun and competitive race...paddling, reasoning and working together will be the key to success in the Alii Challenge!

**Race Format: Each 12-person crew will consist of 6 women and six men. Divisions are Open and 50+.**



Lunch and awards will follow at Laverne's Sports Bar in the Coconut Grove Marketplace. You will need to wear your Alii Challenge wrist band for the lunch awards.

### Rules you must follow:

While paddling around Kaiwi Point, you must give a canoe(s) room along the rock ledge. Almost all of you will be competing in borrowed canoes. While paddling races in other parts of the world may allow for cutting canoes off at areas where canoes converge, this is considered disrespectful of the wa'a in Hawaii. Please respect Hawaii's canoe culture and do not put canoes or paddlers at risk.

There are commercial water craft on the ocean race day. While they are aware there is a canoe race going on, you must give way to all commercial vessels.

As you bring your canoe in after paddling, you must take your canoe all the way to a space directed to you by officials. You will have plenty of time to do this as your race time split will stop as the second mix crew crosses the paddling finish line. You will then have 20 minutes to do required canoe staging before your race clock starts again and you are given your first land

course clue. Again, we ask that you treat the canoes respectfully as you bring them onto land.

### **On land – No running is allowed during the race.**

While traversing the land course, your crew must stay together as a group of 12. You will only move as fast as your slowest crew member. The land course take will you through public areas, please respect other people that are not in the race and make room for them. All pedestrian/traffic laws must be obeyed. Crossing streets may only be done in marked crosswalks. Do not block sidewalks.

You must stay off all landscaping and/or irrigation.

You may not enter any building during the race, unless specified where specified in a clue (the exception would be a public restroom).

As your crew starts the land portion of the race, you will be given color coded clues. That is the color you must stay with for the remainder of the race, which dictates the order you move around the land course. All crews will do the same skills/tasks, just not in the same order. Moving out of the proper sequence will disqualify your crew.

Just a little advice — as you get clues (figure them out, and do required tasks) it will be beneficial to take care to do the task correctly the first time. Skills/tasks done incorrectly will have to be repeated until done correctly.

**All instructions give by race officials must be adhered to on land and water. Failure to do so may result in disqualification. Time penalties will be given for any race infractions.**

### Race Schedule:

**7:15 am - Race Meeting - meet at elbow of Kailua Pier**

**8:30 am - Mandatory canoe safety check**

**9:00 am - Pule**

**9:30 am - Race start**

**1:00 pm - 2:00 pm crews finishing (paddling and land portion)**

**2:00 pm - Lunch and Awards at Laverne's Sports Bar**