

Saturday, Sunday and Monday -- August 31, September 1 - 2, 2013

RACE INFORMATION

FOR COACHES, CREWS, OFFICIALS AND ESCORT BOAT CAPTAINS

SATURDAY, August 31 - 18 miles

- 6:00 a.m. Blessing of canoes and paddlers at Kamakahonu

Wahine Races – Kailua Bay to Honaunau Bay

- 7:30 a.m. – Wahine Iron crews start
- 7:35 a.m. – Wahine Unlimited Canoes start
- 7:40 a.m. – Wahine OC-9 – Escorted Divisions start

Kane Races – Honaunau Bay to Kailua Bay

- 11:45 a.m. – Kane Iron crews start (Subject to Change)
- 11:50 a.m. – Kane Unlimited Canoes start (Subject to Change)
- 11:55 a.m. – Kane OC-9 – Escorted Division start (Subject to Change)

SUNDAY, September, 1 - 5 miles

(All races start at Kailua – Turn at Official Boat – Back to Kailua.)

7:30 a.m. – Teen Girls / Boys / Mixed - OC-6

8:30 a.m. – Kane / Teen Boys, OC-1, OC-2

9:00 a.m. LONG Stand-up Paddle Boards, 4.5 miles

9:10 a.m. SHORT - 3.5 miles

9:30 a.m. – Wahine, Double Hull

10:45 a.m. – Kane, Double-Hull

11:00 a.m. – Wahine Teen Girls - OC-1, OC-2, Mixed

12:00 Noon – Mixed Double-Hull

MONDAY, September 2nd – 17.5 miles Ali'i Challenge

Wahine/Kane Paddling + tasks of skill and knowledge

Open (18 years and older)

50+ (50 years and older)

12-person crew – six women, six men

- 7:15 a.m. – Race Meeting – Meet at “elbow” of Kailua Pier
- 8:30 a.m. – Mandatory canoe safety check
- 9:00 a.m. – Pule
- 9:30 a.m. – Race start
- 1:00 p.m. – 2:00 p.m. – Crews finishing (paddling & land portion)
- 2:00 p.m. – Lunch and Awards, luau grounds

COACH'S CHECK LIST

(See corresponding “**DETAILED LIST**” below)

- ___ 1) **FEES PAID.** ALL FEES MUST BE PAID IN ORDER TO PARTICIPATE IN THE RACE.
- ___ 2) **WAIVERS** signed and Packets received.
- ___ 3) **OFFICIAL RACE NUMBERS** on the canoe(s), wahine L bow, kane L stern, duct-taped.
- ___ 4) **Blessing** at 6:00 a.m. Saturday that will last approximately five minutes. (See below.)
- ___ 5) **Race Start.** (See page 1)
- ___ 6) **Emergencies.** (See Emergency Procedures Page 9)

General Information: Race Director: Mike Atwood
Race Registrars: Nicki Enos, Beth Cooper
President Kai 'Opua Canoe Club: “Bo” Campos
MOKU O Hawai'i Officials: Maile Mauhili, Aloha Mauhili, Doug Bumatay
Medical Team Coordinator: Sandy Shelton, R.N.
Canoe Match-up Coordinator: Mike Atwood
Double-Hull Coordinator: Beth Cooper

*****There will be a PA system for Announcements before races*****

RACE INFORMATION, ACTIVITIES & MEDICAL LIST

ARTS & CRAFTS AND FOOD BOOTHS

There will be local vendors featuring arts & crafts from local artisans located in the cul de sac next to the Pier entrance. There will also be a food booth on Friday and Saturday.

AWARD PRESENTATIONS:

SATURDAY AWARD PRESENTATIONS - Luau Grounds - 3:30 P.M.

The presentation of awards for Saturday's Races will take place at the Luau Grounds, makai of King Kamehameha's Kona Beach Hotel after the finish of the Kane Race.

SUNDAY AWARD PRESENTATIONS AT OKA EVENTS' PAVILION - LUAU - 2:00 P.M.

The presentation of awards for Sunday's Races will take place during the luau at the Old Kona Airport Park Events Pavilion. Wrist bands will be provided to all participants and officials at the time of registration and will be required for admission to the luau. Additional luau tickets for relatives and friends will be available for purchase at the Registration desk and at the door.

MONDAY AWARD PRESENTATIONS - Luau Grounds - 2:00 P.M.

ALI'I CHALLENGE

The presentation of awards for the Ali'i Challenge will take place at the Luau Grounds, makai of King Kamehameha's Kona Beach Hotel.

Wrist bands will be provided to all participants and officials at the time of registration and will be required for admission to the luau. Additional luau tickets for relatives and friends will be available for purchase at the Registration desk and at the gate.

BLESSING AT OPENING OF RACES

At 6:00 a.m. on the beach fronting the King Kamehameha's Kona Beach Hotel. All participants are encouraged to be there for a special Hawaiian ceremony.

CANOE CLASSIFICATION

Five classes: Koa, Non-Koa, Hawaiian Racer, Non-Traditional, Unlimited.

CANOE ELIGIBILITY

1. Canoes approved for racing by the various canoe racing associations throughout the state shall be declared eligible provided the following items are submitted to the race officials:

- a. Certification of weight of canoes (400# minimum). (Copies of certification used by other associations and certified by their Race Director will be accepted.)
- b. Certification that the canoe is eligible and approved for racing in the corresponding club's association.

CANOE LOANS

Kai 'Opua Canoe Club is not responsible for canoes loaned by other clubs to paddling crews. Please handle the canoes at all times with great care and respect.

CANOE / TRAILER STORAGE

1. Canoes only (no trailers) may be parked on Kailua Pier in preparation for the Races. All canoes are to be placed on the "mauka" side of the Pier.
2. All canoes transported from Kawaihae will be placed on Kailua Pier.
3. Trailers are to be taken to the Old Airport Park Halau area for parking.
4. Canoes and trailers may be parked overnight at Honaunau for the Kane Race Saturday. Kai 'Opua Canoe Club will not be responsible for any damages. **All trailers must be parked on the upper road. No parking of any vehicles or trailers along the road past the boat ramp.**

CANOE TRANSPORTATION TO HONAUNAU

Crews who will need their canoes trailered to Honaunau for the men's race should inform the Race Director (Mike Atwood).

COACHES' / STEERSPERSONS' MEETING

A coaches' **AND** Steerspersons' briefing will be held at 7:00 p.m. on Friday, August 30th, at the Hotel's Ballroom.

COMMUNICATIONS

All Officials and Medical Team will have cellular and radio communication.

CREWS

1. **Iron Crews:** Six (6) paddlers. No relief paddlers, no escort boats and no more than three (3) paddlers at least 16 yrs. old.
2. **Non-Iron:** Nine (9) paddlers, two (2) helpers and one (1) coach. If the coach is also a paddler, his/her name must appear on the list as a paddler. No more than four (4) paddlers at least 16 years old.
3. **OC-1 and OC-2:** No escort boats.
4. **Double Hull:** Twelve (12) paddlers, no changes, no escort boats. Three Divisions: All women, All men, Mixed crew (with minimum of 5 women) (See Fact Sheet)
5. **Teens Single Hull:** Three Divisions 15, 16, 18 & under boys – 15, 16, 18 & under girls.

DECALS - OFFICIAL RACE NUMBER DECALS

SATURDAY:

1. A decal will be issued for each crew at the time of registration provided all fees are paid, all Waivers are signed, and verification of age is complete for all crews entering age divisions.
2. The **wahine** decal is to be placed on **left** side of the canoe **in the front (bow)**. The **kane** number is to be placed on the **left** side of the canoe **in the back (stern)**.
3. **All numbers are to be placed on the dry canoe prior to the race. Place a strip of duct-tape on the leading edge of each decal. There will be roving Kai 'Opua members to provide duct tape, assure proper placement of decals and prepared to answer questions you may have.**
4. **If a change has been made and a different crew is in the canoe, it is the responsibility of the captain to inform the timers at the finish line. DO NOT CHANGE NUMBERS ON CANOES.**

5. All decals for Saturday's Races are to be removed **after** both races. Do not remove any numbers until **after** both races.

SUNDAY:

OC-1, 2 – Place Official Race Number Decal on the **SIDE, (NOT ON THE TOP) OF THE CANOE.**
Wahine number on the left front (bow); kane number on the left back (stern) of the canoe;
OC-2 Mix on left front. (See 3, 4 and 5 above.)

DOUBLE-HULL – Place Official Race Numbers on **left hull, left side**--wahine in front (bow), kane in back (stern), Mix left front (bow). (See 2, 3 and 4 above.)

MONDAY:

Ali'i Challenge – Place the decal on the **RIGHT** side of the canoe **IN THE FRONT (BOW).**

DOUBLE-HULL EQUIPMENT & INFORMATION

1. Kai 'Opua Canoe Club will provide two 4" x 4" lengths of wood. Please bring "Quick Straps". (There will be some extra line to lash two canoe hulls together if needed.)
2. Clubs may combine paddlers to form 12-person crews.
3. Double-Hull races held on Sunday.

EMERGENCIES

1. Reporting of Accidents. (See "Emergency Procedures" Page 10)

ENTRIES

NO RESTRICTIONS on the number of races or classifications entered by any one club.

ESCORT BOATS

1. Obtaining an escort boat is the responsibility of the participating club. The club will be held liable for a boat captain's non-compliance with rules set for escort boats. The violation of these rules may cause disqualification of the crew involved.
2. Escort boats will be permitted to start after the race begins.
3. A radio announcement will be the signal for the escort boats to proceed.
4. Escort boats must stay behind and outside of the canoes, except when making crew changes.
5. No crew changes will be permitted until 15 minutes after the start of the race.

ESCORT BOATS – FINISH LINE RESTRICTIONS

1. Wahine Race – An official boat flying a green flag, positioned approximately ½ mile from the Honaunau finish line will signify the turn-off point for escort boats.
2. Kane Race – An official boat flying a green flag, positioned approximately ½ mile from the Kailua finish line will signify the turn-off point for escort boats.
3. Escort boats will **NOT** be allowed to return to the Kailua Pier to off-load until **AFTER** completion of the race.

INSURANCE - GENERAL LIABILITY

1. All Escort / Official Boat Owners / Operators must carry a policy of general liability insurance.

MEDICAL TEAM (See Page 11)

1. There will be Medical Crews on Official Boats to respond to medical emergencies.
2. There will be Medical Crews at Pu'u honua and on the Pier.
3. Encourage paddlers to "**hydrate**" **prior to the races** in order to prevent dehydration.

MERCHANDISE SHOP

1. The Merchandise Shop is located in the King Kamehameha's Kona Beach Hotel.
2. Hours the Shop will be open: Thursday (10am to 6pm), Friday (10am to 8pm), Saturday (10am to 6pm) and Sunday (8 to 12).
3. T-Shirts, especially designed for this race, will be for sale in the Merchandise Shop.

OC-1, OC-2 AND DOUBLE-HULL RACES

1. These races are held on Sunday.
2. **OC-1 and OC-2** races are held first with **DOUBLE-HULL** races last. This will accommodate those who would like to enter both races.

OFFICIALS

1. **MOKU O HAWAI'I** Race Officials will be monitoring the races from Official Boats and **MOKU O HAWAI'I** race rules will be in effect.
2. Mike Atwood is the Race Director.
3. An official stand and P/A System will be available prior to the start of the races on Saturday and Sunday mornings for announcements and last minute details.
4. An official stand and P/A System will be at Honaunau Beach prior to the start of the kane race to assist in locating your officials, escort boat, etc.

PADDLERS' REQUIREMENTS PRIOR TO RACES

1. All paddlers must have signed Waivers and be registered in order to participate. Paddlers in age-group divisions must bring identification showing proof of age at time of registration.
2. Double-Hull Races: Clubs may join together or have unregistered paddlers participating as members of their crew, provided all have signed Waivers.

PIER PARKING

1. Space is very limited on the Pier and **only authorized vehicles with a "PIER PARKING PASS"** will be allowed entry to the Pier.

PHOTOGRAPHER

1. There will be professional photographers taking pictures throughout the races by boat.
2. There will be a photographer taking pictures, by request, of crews, groups, friends, etc. on Saturday early in the morning near the beach and after the races.

PU'UHONUA O HONAUNAU NATIONAL HISTORICAL PARK

1. Saturday's Races impact heavily on this very historical Park so we ask all paddlers, families and friends to please respect the area.
2. Clubs who have only men crews may leave their canoes overnight at Honaunau Bay, but **not** in the Pu'u Honua O Honaunau Nat'l Hist. Park Cove. Canoes may be brought there after 12:00 noon on Friday. However, it will mean someone should stay with the canoes overnight.
3. Kai 'Opua Canoe Club will not be responsible for any damages to canoes or equipment.
4. If you do stay overnight, preparation and eating of food should be done there at the Bay. Pu'uhonua o Honaunau Nat'l Hist. Park does not permit camping or open fires in the Park.
5. Please remind all paddlers, families and friends that the wall fronting the park is part of the Park's archeological/cultural landscape; climbing, placing towels or sitting on the wall is prohibited.
6. The Royal Grounds are closed to smoking, beach chairs, tents, mats, towels, beach umbrellas, coolers, picnicking and pets.

RACE **START** PROCEDURE - SATURDAY:

1. The races will start on time.
2. A **yellow flag** raised by the starter boat will give the signal that the **race will start in five (5) minutes.**
3. Canoes will line up on the starting line and must be **BEHIND** official boats. **Any canoe in front of the Starting Line will be penalized.**
4. The **lowering** of the **red flag and a HORN** will signal the **start** of the race.
5. **There will be a five (5) minute penalty for crews in violation of the starting procedures.**

RACE **FINISH** PROCEDURE - SATURDAY:

1. **Wahine** Wa'a Kaukahi Race will finish between the Finish Line boat "**Nasty Habit**" and an orange buoy positioned within **Honaunau Bay.**
2. The **early** canoe arrivals may maneuver to the public boat ramp, drop off paddlers and wait for the kane crews to take over the canoes. All other wahine crew steerspersons will drop off their paddlers near **two-step** so they can swim to the designated area where helpers will assist them on shore. The steerspersons will circle back out into the Bay and wait for the kane paddling crew to arrive and circle back for them. The beach area of the Park is closed due to archeological discoveries.
3. **Kane** Wa'a Kaukahi Race will finish between two orange buoys by the Pier in **Kailua Bay.** After finishing, all canoes will make a **RIGHT** turn to avoid congestion in the race finish area.

RACE **START** PROCEDURE – SUNDAY:

OC-1 & OC-2, Stand-up Paddleboards, Double Hull and Teen Races – Same as Saturday.

RACE **FINISH** - SUNDAY:

1. All races Sunday finish between two orange buoys by the Pier, Kailua Bay.
2. They will then make a **RIGHT** turn to prevent congestion at the finish line.
3. Canoes may return to the beach area when it is safe to cross over.
4. Please encourage paddlers / steersmen to be alert as there will be heavy canoe traffic around the finish line and Pier.

REGISTRATION

Registration Office is in the King Kamehameha's Kona Beach Hotel and is **open**:

Thursday August 29 - from 1:00 pm to 5:00 pm;

Friday, August 30, from 8:00 am to 6:00 pm;

Saturday, August 31 from 3:30 pm to 6:00 pm.

Watch for "Queen Lili'uokalani Registration" signs.

****NO SUNDAY REGISTRATION****

SECURITY

1. There will be professional Security Guards at Kailua Bay watching over the canoes at night.
2. There will be off-duty police:
 - a) At the entrance to the cul de sac by the Pier (Friday – Sunday);
 - b) At the Parade, Saturday Awards, Sunday Awards and Luau; and
 - c) Assisting with traffic at Pu'u Honua O Honaunau National Historical Park.

SPONSORS

1. Major Sponsors of this year's Queen Lili'uokalani Races are:

Steinlager

Tesoro

County of Hawai'i

Cal-Kona Produce

Olukai

STAND-UP PADDLE BOARDS

1. Decals will be issued Sunday.
2. Decal is to be placed on the TOP **Left Side** of Paddle Board.
3. Each Stand-Up Paddler will be issued a number to be pinned on his/her bathing suit, **Left side**.

TIMERS

JTL Timers, a professional organization that does the timing for numerous other races, will be in charge of all timing.

TORCHLIGHT PARADE

1. The torchlight parade begins at dusk (approx 7:30 pm) Saturday in the area of the Hale Halawai.
2. The Parade will proceed through Kailua Village on Ali'i Drive to Kailua Pier.
3. **Bamboo torches will be provided. Please use extreme caution while carrying torches.**
4. **There will be parade marshals wearing orange vests for added safety.**
5. All clubs are encouraged to join in and carry their banners.

WAIVERS

1. A **WAIVER** form for each crew must be signed by all Paddlers of that crew and turned in to Kai 'Opua Registration in order to receive the crew's race packet with canoe I.D. Decal Numbers. Registration closes at 6:00 p.m. Friday.
2. **NO PADDLERS MAY PARTICIPATE WITHOUT HAVING SIGNED WAIVER FORMS!**
3. I.D. Required if entering age division.
4. **Iron Crews**: Six (6) paddlers. No relief paddlers, no escort boats and no more than three (3) paddlers at least 16 yrs old.
5. **Non-Iron**: Nine (9) paddlers, two (2) helpers and one (1) coach. If the coach is also a paddler, his/her name must appear on the list as a paddler. No more than four (4) paddlers at least 16 yrs old.
6. **PLEASE NOTE – 9-Person Category**: The Captain of your escort boat must also sign a Waiver.

RULES FOR ESCORT BOATS

- 1) Each escort boat captain must sign a Waiver and turn it in to Officials before the start of the race in which he/she is participating.
- 2) Escort boats may follow their canoes once the Race has started.
- 3) **A Radio Announcement** by the Official Starting Boat **will be the signal** to the escort boats that they may proceed for the first crew change.

AN ANNOUNCEMENT OVER VHF 72 FIFTEEN (15) MINUTES AFTER THE START OF THE RACE WILL BE THE SIGNAL FOR THE FIRST CHANGE.

- 4) The bow of the escort boat must remain **BEHIND THE CANOE** unless the boat is dropping off paddlers to make a change.
- 5) No deliberate interference of another canoe by an escort boat will be allowed. Disqualification of crews due to violations of these Rules will be at the discretion of Race Officials.
- 5) Escort boats will not be permitted to launch from the Kailua Pier boat ramp. Due to the congestion and lack of parking on the Pier, escort boats must launch from an alternative ramp, i.e., Honokohau Harbor or Keauhou Bay. Personnel may be picked up from the Pier, however.
- 6) Emergency Procedures have been established (See attached: Page 10) and should be read thoroughly before the start of the race.
7. The following radio frequency channels will be used:

COMMUNICATIONS: VHF 72

EMERGENCIES ONLY: VHF 16

EMERGENCY PROCEDURES

A. REPORTING OF ACCIDENTS:

All clubs will be responsible for the reporting of all accidents in the following manner:

1. The seriousness of injury to a paddler, or escort boat occupant, should be determined by a doctor as to whether emergency help should be called.
2. In the absence of a doctor, the nurse, the coach or his representative and/or escort boat captain will determine whether emergency help is needed.

B. PROCEDURE FOR REPORTING ACCIDENTS:

1. Radio message must be relayed to the Official Medical Boat via the Emergency VHF Channel 72.
2. In the case of extreme accident, contact the U.S. Coast Guard, Honolulu Group via VHF Channel 16.
3. In the event that radio contact cannot be made, a flare gun can be used in the following manner:
 - a. Point the flare gun skyward and fire three (3) flares.
 - b. Use large arm motions to nearby boats, waving the arms overhead.
4. Immediately upon making radio contact or sighting of flares, an Official Boat should locate and go to the vessel having difficulty.
5. The Official Boat should make certain that the Official Medical Boat is aware of the problem and assist in locating the vessel having difficulty.
6. A determination should be made as to which land pick-up point is closest to the vessel having difficulty.
 - a. If it is a medical emergency, pick-up points for an injured or ill party will be Kailua Pier, Keauhou Bay or Honaunau Bay.
 - b. Notification for ambulance assistance made by the Race Director or designee.
7. The following information shall be given upon radio contact:
 - a. Name of Canoe, color and Official Race Numbers on canoe;
 - b. Name of Vessel's operator;
 - c. Approximate location;
 - d. Extent of problem (i.e., medical, mechanical). Describe clearly. Give name of individual if medical emergency.
 - e. Nearest recognizable landmark or satellite fix of longitude/latitude.
8. As required by State Law, a "Boating Accident" form must be completed by the vessel operator within 48 hours of the accident. This is required if the accident results in:
 - a. Loss of life or the disappearance of any person;
 - b. Injury causing any person to require medical treatment beyond first aid;
 - c. Actual damage to any vessel or to any other property in excess of \$200.

C. MEDICAL EMERGENCY CONTACT NUMBERS:

Race Director - Mike Atwood.....	937-3255
Medical Director - Dr. Beth Groshong	960-2256
Medical Coordinator - Sandra Shelton, RN	640-4649
Medical Boat #1 - Dr. Shay Bintliff	345-2130
Nurses: Lori Ferrel Kunewa, RN.....	756-1707
Tammy Wilson, RN.....	895-7401
Medical Boat #2 - Dr. Mike Beshoner	936-3963
Dr. Michelle Huber.....	345-4833
Nurses: Shelba Cortez, RN	938-4931
Ann Cox, APRN.....	970-618-3468

Medical staff available at **Honaunau Bay and Kailua Pier:**

Dr. Beth Groshong	960-2256
Dr. Melissa Thompson	281-744-2374
Dr. John Vidrih	987-2295
Dr. Paul Hayward	268-4342
Meg Kimura, RN.....	937-6694
Julie Reinholton, CNA	756-3776
Sandra Shelton, RN	640-4649
Pamela Thompson, RN.....	281-744-2374
Arlene Walton, RN.....	938-0351
Bobbi Wood, CNA	530-210-0975
Christine Woods, R.Ph.....	989-8441

Police/Fire: Call 911