



# HOEAMAU SCRIMMAGES



by Kai'Ōpua Canoe Club

**START & FINISH @ KAMAKAHONU, HAWAI'I • COURSE: TBD**

No entry fee. Club/Crew donations are always welcome.

4 heats • 7 canoes maximum per heat • All canoes (Mirage) supplied by Kai 'Ōpua

## ADULTS

May 22 • June 5 • June 19  
July 3 • July 17 • July 31

Crews: female, male or mix  
Divisions: total age of entire crew

### MAY 22: 5 MILE COURSE

DISTANCE WILL INCREASE BY 1 MILE AT EACH SCRIMMAGE

Heat #1: 7:30 am start • Heat #2: 9:30 am start  
Heat #3: 11:30 am start • Heat #4: 1:30 pm start

**Registration must be done online  
by the team captain at**

**[www.kaiopua.org](http://www.kaiopua.org)**

*First come, first serve!*

## JUNIORS

May 29 • June 12 • June 26  
July 10 • July 24

Crews: female, male or mix  
Divisions: 12-14, 15-18, Elite

### MAY 29

#### 12-14 • 1 mile course

Heat 1: 12-14 girls • 9:00 am Start  
Heat 2: 12-14 boys/mix • 10:00 am Start

#### 15-18 • 3 mile course

Heat 3: 15-18 girls • 11:00 am Start  
Heat 4: 15-18 boys/mix • 1:00 pm Start

#### Elite • 5 mile course

8:00 am Start

**Registration to be done by team  
captain on the beach at Kamakahonu.**

8:00 am registration for 12-14 girls and Elite. All other teams  
must register 30 minutes before their heat.

*First come, first serve!*



**ALL COVID PROTOCOLS WILL BE IN  
PLACE AND STRICTLY ENFORCED**

Go to [www.kaiopua.org](http://www.kaiopua.org) for more information and to register for updated information as it becomes available throughout the Hoeamau Scrimmage series. The webpage and registration opens Saturday, May 15. Updates will also be at [facebook.com/kaioapuacanoecub](https://facebook.com/kaioapuacanoecub).